Institution organizes professional ethics programmes for students, teachers, administrators and other staff

PRINCIPAL
PSN COLLEGE OF ENGINEERING & TECHNOLOGY
MELATHEDIYOOR, PALAYAMKOTTAI TALUK
TIRUNELVELI DIST. - 627 152.

PSN COLLEGE OF ENGINEERING AND TECHNOLOGY (AUTONOMOUS)
Melathediyoor, Tirunelveli – 627 152
(Approved by AICTE and Recognized by UGC Section 2f &12B)
(Accredited by NAAC with "A+" Grade, Affiliated to Anna University)
An ISO 9001:2015 Certified Institution
Web site: www.psncet.ac.in **Email.ID:**principal@psncet.ac.in
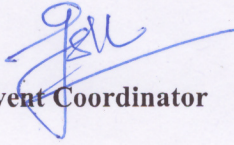**Phone. No:** 04634-279009

Department of Computer Science and Engineering

Date: 11.09.2023

Circular

Sub: Life Skill Development – YOGA Training to Students" – Reg.

This is to inform you that our Computer Science and Engineering department has planned to conduct a One Day **"Life Skill Program on YOGA"** for II Year Students on 15.09.2023. Interested Students from II Year shall register their names to Mr.G.Sivakumar, AP/CSE on or before 13.09.2023.

Event Coordinator

HoD 11/09/23

Copy To
All HoDs / Aero, Civil, CSE, ECE, EEE, EIE, Marine, Mech & Auto, Mechanical, MBA & SOBES.
Principal
Executive Director

Vision [Institute]
Emerge as a pioneer institute inculcating engineering education and skills, research, values and ethics.
Vision [Department]
To emerge as a preeminence program to produce quality Computer Science and Engineering graduates

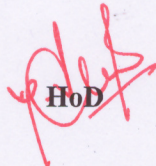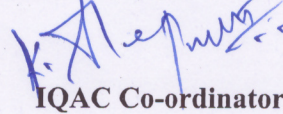## Department of Computer Science and Engineering

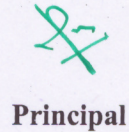**Date: 11-09-2023**

Submitted to Principal,

This is to inform you that our Computer Science and Engineering department has planned to conduct a One Day **"Life Skill Program on YOGA" for** II Year Students on 15.09.2023.

In this regard, we have planned to collect **Rs.100/- (Rupees One Hundred Only)** for each student. Kindly give permission to conduct the same.

Event Coordinator   **HoD**   **IQAC Co-ordinator**   **Principal**

Copy To
All HoDs / Aero, Civil, CSE, ECE, EEE, EIE, Marine, Mech & Auto, Mechanical, MBA and SOBES.
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A+ NAAC

Department of Computer Science and Engineering
Life Skill Development Yoga
Training to Engineering Students

Simplified Kundalini Yoga
Life Science in Yoga

Resource Person:
Mr.A.Ramasamy
M.com.,M.A.,M.Phil.,M.Ed.,D.Co-op.
Managing Trustee
Arivu Thirukovil, Perumalpuram
Manavalakkalai Mandram Trust
6/7, 2nd Street Perumalpuram,
Tirunelveli-7.

Date : 15.09.2023
Venue : CSE Seminar Hall

Event Coordinator	Head of the Department	Principal	Executive Director
Mr.G.Sivakumar	Dr.M.Vargheese	Dr.V.Manikandan	Dr.P.Selvakumar
AP/CSE PSNCET	PSNCET	PSNCET	PSNCET

Vision [Institute]
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Vision [Department]
To emerge as a preeminence program to produce quality Computer Science and Engineering graduates

Name of the Resource Person	: Mr. A. Ramaswamy M.Com., M.A., M.Phil. M.Ed., D.Corp.
Designation	: Managing Trustee
Institution/Company	: Arivuthirukovil - Perumalpuram (Manavalakalai Mandram Trust)
Area of Expertise	: Simplified Kundalini Yoga, Life Science in Yoga.
Experience	: 10 Years

Vision [Institute]

Emerge as a pioneer institute inculcating engineering education and skills, research, values and ethics.

Vision [Department]

To emerge as a preeminence program to produce quality Computer Science and Engineering graduates
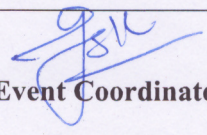
Department of Computer Science and Engineering

Report of the Event

Title of the Event	**Life Skill Development on Yoga**
Date & Time	15.09.2023 & 10.00 AM to 4.00 PM
Name(s) of the Resource Persons	Mr.A.Ramasamy, M.Com. M.A., M.Phil., M.Ed. D.Corp., Managing Trustee, Arivuthirukovil (Manavalakalai Mandram Trust), Perumalpuram.
Area of Specialization	Simplified Kundalini Yoga, Life Science in Yoga.
Name of the Event Coordinator	Mr. G. Sivakumar, Assistant Professor, PSN College of Engineering and Technology
No. of Participants	40

Event Outcomes

Upon the completion of this Yoga training to students, they know about the necessity of yoga and make practice that has numerous benefits for physical and mental health with kayakalpa and Surya namaskara.

Remarks of the Coordinator about the Event

A Life skill development on Yoga program was organized by the Department of Computer Science and Engineering on 15.09.2023. Mr. G. Sivakumar, Assistant Professor/CSE was the event coordinator.

However, 40 students participated and benefitted. The main aim was to raise awareness and ignite a passion for fitness and yoga among the students. Students were impressed by the way their seniors interacted.

Date: 15.09.2023

Event Coordinator

Figure: Students participated in Yoga

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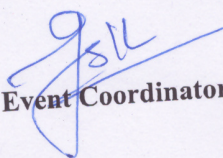**Phone. No:** 04634-279009

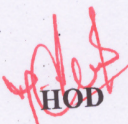## Department of Computer Science and Engineering

Mapping with Program Outcomes (POs)

PO's No	KNOWLEDGE	Mapping	Topics
1	Engineering Knowledge	3	Identify the role, structure, and function of human physiological systems
2	Problem Analysis		
3	Design /Development of Solutions		
4	Conduct Investigations of Complex Problems		
5	Modern Tool Usage	2	Interactive and continuous learning experience
6	The Engineer and Society		
7	Environment and Sustainability		
8	Ethics	3	Yoga brings together a community organically
9	Individual and Team Work		
10	Communication	2	Teaches us to think before we speak and not after
11	Project Management and Finance	3	Life Science in Yoga
12	Life-long Learning		

Event Coordinator

HOD

Principal