

#### **Criterion VII - Institutional Values and Best Practices**

Key Indicator- 7.1. Institutional Values and Social Responsibilities Metric No-7.1.9 Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens

S. No	Lists
1.	Anti-drug awareness program
2.	Blood donation Camp
3.	Cancer Awareness Programme
4.	Covid-19 vaccination awareness
5.	Free Medical Camp
6.	NSS Special camp
7.	Eye Camp
8.	Motivational Programme



PRINCIPAL
PSN COLLEGE OF ENGINEERING & TECHNOLOGY
MELATHEDIYOOR, PALAYAMKOTTAI TALUK
TIRUNELVELI DIST. - 527 152.



#### PSN College of Engineering and Technology National service scheme



(UNIT NO - 1376,2126)

nsspsncet@gmail.com

No: PSNCET / NSS /06/2023-24

20th June,2023

#### NOTE SUBMITTED FOR APPROVAL

Sub: Conducting "Anti Drugs Awareness Programme" on 26.06.2023 (Monday) - Reg.

It is submitted that we have planned to conduct On the eve of International day against Drug Abuse & Illicit Trafficking – 2023 "Anti Drugs Awareness Programme" on 26.06.2023 (Monday) at PSNCET campus.

The programme will be conducted by engaging Health Inspector,PHC,Muneerpallam, Tirunelveli.

We request that we may kindly be permitted to conduct the above programme.

NSS,YRC &RRC PO

**PRINCIPAL** 



#### PSN College of Engineering and Technology National service scheme



(UNIT No - 1376,2126)

nsspsncet@gmail.com

PSNCET/NSS /07/2023-24

Date: 23.06.2023

#### **CIRCULAR**

Sub: Conducting "Anti Drugs Awareness Programme" on 26.06.2023 (Monday) - Reg.

This is to inform that "Anti Drugs Awareness Programme" on 26.06.2023 (Monday) at PSNCET Campus (PG Auditorium) by engaging Health Inspector, PHC, Muneerpallam, Tirunelveli. All the NSS volunteers and faculty members are requested to participate and make use of it.

Mr.C.Indrakumar, NSS ,YRC & RRC Programme Officer is requested to make all arrangements.

Timing: 12:00 to 1.00 pm.

**PRINCIPAL** 

To

All students ( to be read in the class)
All HODs (Aero, Civil, CSE, EEE, ECE, EIE, Marine, Mech.,
Mech.&Auto, MBA ) and Co-ordinator(SOBES).
IQAC
Dean
Mr. C.Indrakumar, AP(Marine) & NSS, YRC & RR Programme Officer

Cc: Chairman Vice Chairman

**Executive Director** 

#### PSN COLLEGE OF ENGINEERING AND TECHNOLOGY DEPARTMENT OF MARINE ENGINEERING

## Anti Drugs Awareness Programme on 26.06.2023 LIST OF PARTICIPANTS

Sl.No	Name of the Students	Year	Dept	Remarks
1	M ESAKKI BALA	2	CSE	TOMA AS
2	C DHARSHINI	2	CSE	
3	A MOHAMMED ABDULLA	2	CSE	
4	M DEEPAK PIOUS	2	CSE	
5	M RAMALAKSHMANAN	2	CIVIL	
6	S.MOHAMED MUZAMIL	2	CIVIL	
7	S. ANANDHAPRAKASH	2	CIVIL	
8	NAREN KUMARAN .A	2	CIVIL	
9	ARUN PANDIAN.S	2	CIVIL	
10	MARISUDHA S	2		
11	JOTHIKA S	2	AERO	
			AERO	
12	JEMITHA SHERLIN J	2	AERO	
13	ESAKKIRAJA E	2	MECH	
14	ASKOH A	2	MECH	
15	KALIRAJ KISHORE K	2	MECH	
16	PANDISELVAM M	2	MECH	
17	SIVAN P	2	MECH	
18	JESHWIN J	2	MECH	
19	MUNEES PRABHA K	2	ECE	
20	SUBALAKSHMI S	2	ECE	
21	ISHWARYA S	2	ECE	
22	SELVALAKSHMI A	2	ECE	
23	ESSAKI ALAGUVEL	2	ECE	
24	SUDHARSHAN P	2	ECE	
25	THANGAMUNEESWARI K	2	EEE	
26	PACKIARAJ MS	2	EEE	
27	MADHAVAN	2	EEE	
28	RAHUL	2	EEE	,
29	SHUBENDRAN SD	2	MAE	
30	VAIRAVADEVA.P	2	MAE	
31	ABIYUTH A	2	MARINE	
32	AKILAN S	2	MARINE	
33	ANANDARAJ S	2	MARINE	
34	ANTHONY JAPASTIN SARATHI A	2	MARINE	
35	ARIHARAN G	2	MARINE	
36	ARUNKUMAR P	2	MARINE	
37	ASHIMROHAN J	2	MARINE	
38	DAVIDRAJA J	2	MARINE	
39	DINUTONY G	2	MARINE	
40	ESAKKIRAJA M	2	MARINE	
41	GOWTHAM S	2	MARINE	
42	GOKULANANDH M	1	AERO	
43	MADHUMITHA M	1	AERO	\ <u>-</u>
44	KEERTHANA V	1	AERO	- Par
45	PETHURAJAMMAL S	$\frac{1}{1}$	AERO	X

46	NAGARAJAN U	1	AERO	
47	SAVURAVKUNAL A	1	CIVIL	
48	GOPALAKRISHNAN J	1	CIVIL	
49	GOKULAKRISHNAN V	1	CIVIL	
50	PANNEERSELVAM S	1	CIVIL	
51	DINESHKUMAR M	1	CIVIL	
52	MAHESHRAJA M	1	MECH	
53	THIRUMALAIKUMAR V	1	MECH	
54	THILLAIMANI C	1	MECH	
55	KISHOR K	1	MECH	
56	SUDHAKAR V	1	MECH	
57	MADHAVAN S	1	MECH	
58	INITHKUMAR R	1	ECE	
59	SURIYAPRAKASH S	1	ECE	
60	AKASHRUBAN S	1	ECE	
61	IMMANVELGIFFY A	1	ECE	
62	JESWIN J	1	ECE	
63	KEERTHIKA S	2	ECE	
64	MAREESWARI P	2	ECE	
65	RAJESWARI M	2	ECE	
66	HARIHARAN M	2	MAE	
67	BALAMURUGAN S	2	MAE	
68	KABILAN J	2	MARINE	
69	KALEESWARI M	2	MARINE	
70	KANNAN R	2	MARINE	
71	KIRUTHIKA M	2	MARINE	
72	MARIKANNAN P	2	MARINE	
73	MUGESH P	2	MARINE	
74	MUTHUKUMAR A	2	MARINE	
75	NAVEEN R	2	MARINE	
76	PAZHANI BHARATHI K	2	MARINE	
77	PRAKASH M	2	MARINE	
78	RAJESH G	2	MARINE	
79	VIMAL S	2	MARINE	
80	SAMPATHKUMAR N	2	MARINE	
81	DEVATHARSHINI S	1	AERO	
82	MARISELVAM V	1	CIVIL	
83	PANDIMARI S	1	CIVIL	
84	MUKESH A	1	CIVIL	
85	SANTHAKUMAR M	1	CIVIL	
86	VIGNESH G	1	CIVIL	
87	HARISH V	1	MECH	
88	KARTHIHEYAN N	1	MECH	
89	EBINRAJ B	1	MECH	
90	RENISHKUMAR C	1	MECH	
91	SIVA M	1	MECH	X-
92	PETER P	1	MECH	X
93	RAVIRAJAN R	1	MECH	
94	SUDHARSAN G	1	ECE	
95	VISHAL P	1	ECE	

96	SUDALAIMANI K	1	ECE	
97	SUBASH GOPI R	1	ECE	
98	MUTHUSELVAM R	1	ECE	
99	MUTHUKUMAR M	1	ECE	
100	AYYASAMY A	1	MAE	
101	RULDHIVAKAR A	1	MAE	

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Awareness by Thiru. Meenashinathan, DSP, Anti Drug Enforcement, Tirunelveli.



Awareness by Mr.Chithambaram, HI, PHC, Muneerpallam





Pledge taken by students and staff



Doctor explain treatment available for drug abuse







#### **National Service Scheme**

#### Report of NSS Activity

Event Organized by	NSS,YRC & RRC
If Organized by the Department/Others, Name of the Department/Others	YRC,RRC & NSS Volunteers,PSNCET & Health Inspector,Munnerpallam & DSP,Tirunelveli
Title of the Event or Activity	Anti Drugs Awareness Programme
Dates & Duration	26.06.2023 from 9.30AM to 11.30 A.M.
Name of the Event Coordinator	Mr.C Indrakumar, NSS,YRC & RRC Programme Officer.
No of Participants	101

#### Report of the Event

The Programme was inaugurated by Dr.V.Manikandan, Principal,PSN College of Engineering and Technology and Mr.Chithambaram,Health Inspector,Munnerpallam,Tirunelveli & Dr.Prabu & Dr.Sivaragul from PHC,Muneerpallam,Tirunelveli at 9.30 a.m.Welcome address by R.Prathiksha,NSS Voluinteer. Totally 101 students & staff participated.The Programme ended at 11:30 a.m with vote of thanks and felicitation by Mr.C.Indrakumar NSS Programme Officer.Students took a pledge against Drug abuse & Doctors gave a speech about effects and how to control the drugabuse and addict by video lectures.

#### Outcome & Beneficiaries of the Event

- 1.General awareness of cancer was poor among the Indian population; similarly, it was also poor for curability, preventability and screening methods.
- 2.Education and place of residence (rural or urban) plays a vital role in cancer awareness. Studies are done in different periods, which may affect the awareness level of cancer as the burden of cancer is increasing.

Totally 85 students & staff participated.

Date: 29.06.2023.

NSS,YRC & RRC PO

Principal



## சா்வதேச போதை பொருள் எதிா்ப்பு தினம் ஜீன் – 26



# திருநெல்வேலி மாவட்ட மதுவிலக்க

# अक्राकंकपंपीन्न - क्रुंग्लंगियां नाम

கிராமபுறங்களில் அரசு அனுமதி இன்றி கள்ள சாராயம், எரிசாராயம் தடை செய்யப்பட்ட போதை பொருள்கள், கஞ்சா, புகையிலை, உயிருக்கு ஆபத்து விளை விக்ககூடிய போதைபொருள்களை விற்பனை செய்வதை தடுக்க புகார் தெரிவிக்க வேண்டிய

தொடர்பு எண்: 9498101765



இலவச அழைப்பு எண்: 10581



## திருநெல்வேலி மாவட்ட மதுவிலக்கு அமலாக்கப்பிரிவு உறுதிமொழி ஏற்பு

- நான் இந்த சமுதாயத்தின் பொறுப்புமிக்க இளைஞன்.
- 2 நான் என் குடும்பத்தின் எதிர்காலம்.
- நான் இந்த சமுதாயத்தின் எதிர்காலம்.
- 4 நான் இந்த நாட்டின் எதிர்காலம் எனது இலட்சியங்கள் உயர்வானவை.
- 5 என் தனிமனித ஒழுக்கத்தின் மூலம் என் குடும்பம் உயரும்.
- 6 குடும்பத்தின் உயர்வு மூலம் என் சமுதாயம் உயரும்.
- 7 சமுதாயத்தின் உயர்வு மூலம் என் நாடு உயரும்.
- என் உடல் இறைவன் தந்த நன்கொடை அதை நான் ஒரு போதும் துன்புறுத்தமாட்டேன்.
- 9 போதை பழக்கத்திற்கும் நான் ஒருபோதும் அடிமையாக மாட்டேன்.
- 10 இதுவே என் வாழ்வின் இலட்சியம் இதுவே என் பயணத்தின் குறிக்கோள்.
- 11 எனக்காகவும் என் குடும்பத்திற்காகவும், என் சமுதாயத்திற்காகவும் ,என் நாட்டிற்காகவும் நான் இந்த உறுதிமொழியை ஏற்கிறேன்.



#### PSN College of Engineering and Technology National service scheme



nsspsncet@gmail.com

No: PSNCET / NSS / 18/2022-23

10<sup>th</sup> March,2023

#### NOTE SUBMITTED FOR APPROVAL

Sub: Conducting "Blood Donation Camp" on 15.03.2023 (Wednesday) - Reg.

It is submitted that we have planned to conduct "Blood Donation Camp" on 15.03.2023 (Wednesday)

The above programme will be conducted by engaging "Annai Velankanni Hospital", Tirunelveli.

NSS.YRC &RRC PO

**PRINCIPAL** 



## PSN College of Engineering and Technology National service scheme



nsspsncet@gmail.com

PSNCET/NSS&YRC/BDC/19/2022-23

Dated: 13.03.2023

#### **CIRCULAR**

Sub: Conducting Blood Donation Camp at PSNCET on 15.03.2023 (Wednesday) at 9.30 a.m. - Reg.

This is to inform that Blood Donation Camp at **PSNCET** will be conducted on 15.03.2023 (Wednesday) at 9.30 a.m. by engaging "**Annai Velankanni Hospital**", Tirunelveli. This is a voluntary one and certificate will also be issued to the person who donate blood. Students who donate blood will be given two extra credit points. Staff can also donate blood. Students who have completed 18 years and weight above 45 kg are eligible to donate blood.

Prof.C.Indrakumar, AP(Marine), NSS ,YRC & RRC Programme Officer is requested to make all arrangements.

PRINCIPAL

To

All students ( to be read in the class)
All HODs (Aero, Civil, CSE, EEE, ECE, EIE, Marine, Mech.,
Mech.&Auto, MBA ) and Co-ordinator(SOBES).

IQAC
Dean
Controller of Examinations
Administrative Officer
PRO
Prof. C.Indrakumar, AP(Marine) & NSS, YRC & RR Programme Officer
Librarian
Office.
Dispensary with a request to keep the beds neat & tidy.

Cc: Chairman Vice Chairman

**Executive Director** 

# Blood Donation Camp on 15.03.2023.

Sl.No	Name of the donators	Year	Branch	Signature
1.	R. VIKRAM	111	MARINE	P-whorey
2	M. Dushyanth	<u>īn</u>	ABIO	M Rela.
3.	7. Tewin Shyam.	iù	Aero	6.54.
4	V. Pamosupramarian	<u> </u>	AFRO	v.ed
5.	V. Velumani	<u>D</u>	AFRO	V. lung
6	R. Muruga perumal	<u>īū</u>	Aero	A. Murugaferum
7.	CHAKKARA VARTHY.M.	TIL	AERO.	trapery Da.
8]	D. Ashore Dharma	Ð	mooline	lay DA
9.	C. Sommath Roobon	T	Marine	C.S.
10	br. Ragosh	Z.	marine	G.R. SAY
11	m. Sadan Kuman	Ī	marine	mont
12,	S. Growtham	(3)	marine	S. Goothy
13	S. Aklan	(5)	Marine	S. Nolen
14	A. Santhosh	<u>I</u>	Marine	A. Say
15.	V.SUBASH	Ũ	marine.	verif.
16	9 Svijith Gravoskar	<u>î</u>	Marine	8.8 <u>m</u>

SI.No	No. Cal		40 00 11	
51.140	Name of the donators	Year	Branch	Signature
17.	Vinoth.K	Ţ	Marine	k. hy
18.	A-Syed Kuthub	<u>I</u>	Aero	JEKL
19.	A PRAVIN MATHEW	Ī	AERO	Buy
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25	1. Durga per:	G.	Aero	7 PQ
86.	R. Asul kani pandian	I	CHEDA	R. Alex.
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28,	v. vignesh	Ī	Aero	OF.
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30	A Rahmath NPsha	I	ECE	Aug
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Sl.No	Name of the donators	Year	Branch	Signature
33.	M. Selva	7.5	B.F. Acro	m. Selva
34.	L-Siva	$\overline{\mathcal{I}}$	Aero	12.
35.	S. Nithis Kyman.	11	AERO	S. Afhigh
36	K. Prakash Rajan	<u>T</u>	CSE	<u>w</u>
37	T. Senthur Pandian	Ū	CSE	Sel
	T. Vignush	ũ	CSE	right.
38	J. PANDI SELVAM	11	c SE	5-Pardalom
40.	N. Ramahrishnah	I	SE	N.P.
4	D. Mandunath	D	CSE	Durla
H2		<u></u>	CSE	R. Sankaj
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46	A. Surya Prockash	I	CSE	A. Sez
47		1	CIE	Ght
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Sl.No	Name of the donators		Year	Branch	Signature
-	M. Komuraj		ı	CSE	Kny
19	V. Madhansiaj		10	CSE	V hall
51	M. Naveen humen		T	CZE	XXIIII
52.	M. Antony Praicash	,	<u>u</u>	Aero	M. Aug
53-	M. sauthosh	-	H .	CSE	Dohl.
34	N. Balaji		<u> </u>	EGE	ORP.
55.	E. Ravi Sarathi		I	CEE	Rishti.
26.			111	CSE	Vyay Son
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.No	Name of the donators	Year	Branch	Signature
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73	M. RAMA LAKSHMANAN	11	CIVIL	Will
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.No	Name of the donators	Year	Branch	Signature
	M. ARUN	II	EFE	Lour
31.	Allen Basil	I	CSE	Deals
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l.No	Name of the donators	Year	Branch	Signature
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Blood Donation Camp @ PSNCET by engaging Annai Velankanni Hospital on 15.03.2023



#### Blood donated by our students



Blood donated by our students





#### Blood donated by our students



Blood donated by our students

- Jan





#### **National Service Scheme**

#### Report of NSS Activity

Event Organized by	NSS,YRC & RRC		
If Organized by the Department/Others, Name of the Department/Others	YRC,RRC & NSS Volunteers,PSNCET		
Title of the Event or Activity	Blood Donation Camp		
Dates & Duration	15.03.2023 from 9.30AM to 3.30 P.M.		
Name of the Event Coordinator	Mr.C Indrakumar, NSS,YRC & RRC Programme Officer.		
No of Participants	127 85		

Report of the Event

The Programme was inaugurated by Dr.V.Manikandan, Principal, PSN College of Engineering and Technology and Dr.Suganya & Dr.Sachin from Annai Velankanni Hospital, Tirunelveli at 9.30 a.m.Welcome address by Dr.R.Satheesh Raja, HoD/Marine. Totally 85 students & staff from our college donated blood. The Programme ended at 3:30 pm with vote of thanks and felicitation by Mr.C.Indrakumar NSS Programme Officer.

#### Outcome & Beneficiaries of the Event

- 1.By donating blood, we can save the life of persons at emergency situation.
- 2.By donating blood, new blood will be generated for the donors.
- 3. To promote the family and community educational material essential for positive lifestyle habits. Totally 85 students & staff donated blood.

Date: 20.03.2023.

NSS,YRC & RRC PO

Principal



#### PSN College of Engineering and Technology National service scheme



nsspsncet@gmail.com

No: PSNCET / NSS /22/2022-23

2th May,2023

#### NOTE SUBMITTED FOR APPROVAL

Sub: Conducting "Cancer awareness programme "on 06.0 2023, (Saturday) - Reg.

It is submitted that we have planned to conduct "Cancer awareness programme" on 06.0 \$.2023 .

The programme will be conducted by engaging "Nellai Cancer Care Centre", Tirunelveli.

NSS,YRC &RRC PO

PRINCIPAL



#### PSN College of Engineering and Technology National service scheme



nsspsncet@gmail.com

PSNCET/NSS /23/2022-23

Dated: 03.05.2023

#### **CIRCULAR**

Sub: Conducting Cancer awareness programme at PSNCET on 06.05.2023 (Saturday) at 9.30 a.m. - Reg.

This is to inform that Cancer awareness programme at PSNCET on 06.05.2023 (Saturday) at 9.30 a.m. by engaging "Nellai Cancer Care Centre", Tirunelveli.All the first year students and faculty members are requested to participate and make use of it.

Mr.C.Indrakumar, NSS ,YRC & RRC Programme Officer is requested to make all arrangements.

PRINCIPAL

To

All students ( to be read in the class)
All HODs (Aero, Civil, CSE, EEE, ECE, EIE, Marine, Mech.,
Mech.&Auto, MBA ) and Co-ordinator(SOBES).
IQAC
Dean
Mr. C.Indrakumar, AP(Marine) & NSS, YRC & RR Programme Officer

Cc: Chairman Vice Chairman

**Executive Director** 

## PSN COLLEGE OF ENGINEERING AND TECHNOLOGY DEPARTMENT OF MARINE ENGINEERING

#### LIST OF PARTICIPANTS

Sl.No	Name of the Students	PARTICII Year	Dept	Signature
1	M ESAKKI BALA	2	CSE	Signature
2	C DHARSHINI	2	CSE	
3	A MOHAMMED ABDULLA	2	CSE	
4	M DEEPAK PIOUS	2	CSE	
5	M RAMALAKSHMANAN	2	CIVIL	
6	S.MOHAMED MUZAMIL	2	CIVIL	
7	S. ANANDHAPRAKASH	2	CIVIL	
8	NAREN KUMARAN .A	2	CIVIL	
9	ARUN PANDIAN.S	2	CIVIL	
10	MARISUDHA S	2	AERO	
11	JOTHIKA S	2	AERO	
12	JEMITHA SHERLIN J	2	AERO	
13	ESAKKIRAJA E	2	MECH	
14	ASKOH A	2	MECH	
15	KALIRAJ KISHORE K	2	MECH	
16	PANDISELVAM M	2	MECH	
17	SIVAN P	2	MECH	
18	JESHWIN J	2	MECH	
19	MUNEES PRABHA K	2	ECE	
20	SUBALAKSHMI S	2	ECE	
21	ISHWARYA S	2	ECE	
22	SELVALAKSHMI A	2	ECE	
23	ESSAKI ALAGUVEL	2	ECE	
24	SUDHARSHAN P	2	ECE	
25	THANGAMUNEESWARI K	2	EEE	
26	PACKIARAJ MS	2	EEE	
27	MADHAVAN	2	EEE	
28	RAHUL	2	EEE	
29	SHUBENDRAN SD	2	MAE	
30	VAIRAVADEVA.P	2	MAE	
31	ABIYUTH A	2	MARINE	
32	AKILAN S	2	MARINE	
33	ANANDARAJ S	2	MARINE	
34	ANTHONY JAPASTIN SARATHI A	2	MARINE	
35	ARIHARAN G	2	MARINE	
36	ARUNKUMAR P	2	MARINE	
37	ASHIMROHAN J	2	MARINE	
38	DAVIDRAJA J	2	MARINE	
39	DINUTONY G	2	MARINE	
40	ESAKKIRAJA M	2	MARINE	
41	GOWTHAM S	2	MARINE	
42	GOKULANANDH M	1	AERO	
43	MADHUMITHA M	1	AERO	
44	KEERTHANA V	1	AERO	
45	PETHURAJAMMAL S	1	AERO	



46	NAGARAJAN U	1	AERO	
47	SAVURAVKUNAL A	1	CIVIL	Ŋ.
48	GOPALAKRISHNAN J	1	CIVIL	
49	GOKULAKRISHNAN V	1	CIVIL	
50	PANNEERSELVAM S	1	CIVIL	
51	DINESHKUMAR M	1	CIVIL	
52	MAHESHRAJA M	1	MECH	
53	THIRUMALAIKUMAR V	1	MECH	
54	THILLAIMANI C	1	MECH	
55	KISHOR K	1	MECH	
56	SUDHAKAR V	1	MECH	
57	MADHAVAN S	1	MECH	
58	INITHKUMAR R	1	ECE	
59	SURIYAPRAKASH S	1	ECE	
60	AKASHRUBAN S	1	ECE	
61	IMMANVELGIFFY A	. 1	ECE	
62	JESWIN J	1	ECE	
63	KEERTHIKA S	2	ECE	¥.
64	MAREESWARI P	2	ECE	
65	RAJESWARI M	2	ECE	
66	HARIHARAN M	2	MAE	91
67	BALAMURUGAN S	2	MAE	77
68	KABILAN J	2	MARINE	
69	KALEESWARI M	2	MARINE	
70	KANNAN R	2	MARINE	
71	KIRUTHIKA M	2	MARINE	
72	MARIKANNAN P	2	MARINE	
73	MUGESH P	2	MARINE	_
74	MUTHUKUMAR A	2	MARINE	
75	NAVEEN R	2	MARINE	T is
76	PAZHANI BHARATHI K	2	MARINE	
77	PRAKASH M	2	MARINE	
78	RAJESH G	2	MARINE	
79	VIMAL S	2	MARINE	
80	SAMPATHKUMAR N	2	MARINE	
81	DEVATHARSHINI S	1	AERO	
82	MARISELVAM V	1	CIVIL	107-
83	PANDIMARI S	1	CIVIL	
84	MUKESH A	1	CIVIL	
85	SANTHAKUMAR M	1	CIVIL	
86	VIGNESH G	1	CIVIL	
87	HARISH V	1	MECH	
88	KARTHIHEYAN N	1	MECH	
89	EBINRAJ B	i	MECH	
90	RENISHKUMAR C	1	MECH	
91	SIVA M	1	MECH	
92	PETER P	1	MECH	
93	RAVIRAJAN R	1	MECH	
94	SUDHARSAN G	1	ECE	
	VISHAL P	1	ECE	468

96	SUDALAIMANI K	1	ECE	( at the
97	SUBASH GOPI R	1	ECE	
98	MUTHUSELVAM R	1	ECE	
99	MUTHUKUMAR M	1	ECE	
100	AYYASAMY A	1	MAE	
101	RULDHIVAKAR A	1	MAE	
102	SANTHOSHKUMAR S	1	MAE	
103	KOIL RAJ M	1	MAE	
104	SUBASH T	1	CSE	
105	MOHAMEDJIYATH R	1	CSE	
106	VIKASH B	1	CSE	
107	LAKSHMINARAYANAN T	1	CSE	
108	ARIHARASUDHAN E	1	CSE	

10.bdeary par.



Awareness by Dr.Sharmika



Awareness by Dr.Sharmika



Doctor explain causes and effect of Cancer



Doctor explain treatment available for Cancer







#### **National Service Scheme**

#### Report of NSS Activity

Event Organized by	NSS,YRC & RRC	
If Organized by the Department/Others, Name of the Department/Others	YRC,RRC & NSS Volunteers,PSNCET & Nellai Cancer Care Centre,Tirunelveli	
Title of the Event or Activity	Cancer Awareness Programme	
Dates & Duration	06.0 <b>5</b> .2023 from 9.30AM to 3.30 P.M.	
Name of the Event Coordinator	Mr.C Indrakumar, NSS,YRC & RRC Programme Officer.	
No of Participants	108	

Report of the Event

The Programme was inaugurated by Dr.V.Manikandan, Principal, PSN College of Engineering and Technology and Dr.Abirami & Staff Nurse from Nellai Cancer Care Centre, Tirunelveli at 9.30 a.m. Welcome address by Dr.R.Satheesh Raja, HoD/Marine. Totally 108 students & staff participated. The Programme ended at 3:30 p.m with vote of thanks and felicitation by Mr.C.Indrakumar NSS Programme Officer.

#### Outcome & Beneficiaries of the Event

1.General awareness of cancer was poor among the Indian population; similarly, it was also poor for curability, preventability and screening methods.

2.Education and place of residence (rural or urban) plays a vital role in cancer awareness. Studies are done in different periods, which may affect the awareness level of cancer as the burden of cancer is increasing.

Totally 85 students & staff participated.

Date: 10.052023.

NSS VRC & RRC PO

Principal





#### **National Service Scheme**

nsspsncet@gmail.com

No: PSNCET / NSS / 16 /2021-22

01 July,2022

#### NOTE SUBMITTED FOR APPROVAL

Sub: Conducting "Covid – 19 Vaccination camp" on 08.07.2022 - Reg.

It is submitted that we have planned to conduct Covid-19 Vaccination camp for our faculties and students on 08.07.2022.

The above programme will be conducted by engaging "Primary Health Centre, Munnerpallam, Tirunelveli.

NSS,YRC &RRC PO

**PRINCIPAL** 





#### **National Service Scheme**

nsspsncet@gmail.com

#### CIRCULAR

PSNCET/NSS&YRC /17/2021-22

Dated: 05.07.2022

Sub: Conducting "Covid - 19 Vaccination camp" on 08.07.2022 at 9.30 a.m. - Reg.

This is to inform that Covid - 19 Vaccination camp will be conducted at PSNCET Campus on 08.07.2022 at 9.30 a.m. by engaging "Primary Health Centre", Muneerpallam, Tirunelveli.

HODs are requested to send the students & NSS Volunteers to attend the programme at 9.30 a.m.

Prof.C.Indrakumar, AP(Marine), NSS, YRC & RRC Programme Officer is requested to make all arrangements.

PRINCIPAL

To

- 1. All students ( to be read in the class)
- 2. All HODs (Aero, Civil, CSE, EEE, ECE, EIE, Marine, Mech., Mech.&Auto, MBA ) and Co-ordinator(SOBES).
- Director(Academic & Research) 3.
- 4. Dean(ID)
- 5. Controller of Examinations
- 6. Administrative Officer
- 7. PRO
- 8. Prof. C.Indrakumar, AP(Marine) & NSS, YRC & RR Programme Officer
- 9. Co-ordinator IQAC
- 10. Librarian
- 11. Office.
- 12. Dispensary with a request to keep the beds neat & tidy.

Cc: Chairman

Vice Chairman

**Executive Director** 



National service scheme





#### **National Service Scheme**

nsspsncet@gmail.com

#### **List of Participants**

#### Covid - 19 Vaccination camp

Sl.No	Name of the Participants	Departments
1.	ESWARAN C	AERO
2.	ISHWARYA A	AERO
3.	JEMITHA SHERLIN J	AERO
4.	JOTHIKA S	AERO
5.	AJITHA K	CSE
6.	AJITHKUMAR T	CSE
7.	ALLEN BASIL	CSE
8.	ANGALA ESWARI V	CSE
9.	ARIMATHAN M	CSE
10.	ARIS BABU M	CSE
11.	CHITHRA M	CSE
12.	DEEPAK PIOUS M	CSE
13.	DHARSHINI C	CSE
14.	DHARSHINI P	CSE
15.	DHARUN G	CSE
16.	ELANGOVAN A	CSE
17.	ESAKKI BALA M	CSE
18.	FELSHIYA G	CSE
19.	JEEVA M	CSE
20.	JHANIKIRAMAN T	CSE
21.	JOEL J	CSE
22.	KALAISELVI V	CSE
23.	KALIRAJ M	CSE
24.	KALPANA J	CSE
25.	KANNAN B	CSE
26.	ARUL ANAND M	EEE
27.	ASWIN M	EEE
28.	AYYANAR P	EEE
29.	BALAJI M	EEE
30.	BALAMURUGAN S	EEE
31.	BASKAR P	EEE
32.	DHINESH V	EEE
33.	DINESH K	EEE
34.	GANESHRAM M	EEE
35.	GAYATHRI P	EEE
36.	JAI SURYA M	EEE
37.	JAYABALAJI P	EEE
38.	AISHWARYA B	ECE
39.	ISHWARYA S	ECE
40.	JEYASANKAR A S	ECE
41.	KALA S	ECE

42.	KARTHICK RAJA K	ECE
43.	KARTHIK K	ECE
44.	KAVITHA S	ECE
45.	KEERTHIKA S	ECE

#### Faculty:

1.Dr.P.Selvakumar

2.Dr.V.Manikandan

3.Mr.C.Indrakumar

4.Mr.V.Ramkumar

NSS,YRC & RRC PO 5.Mr.Sudhakar

PRINCIPAL

## NSS,YRC & RRC COVID 19 Vaccination Camp @PSNCET on 08.07.2022



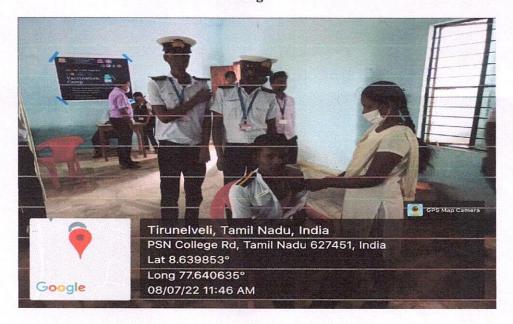
#### Our faculty gets vaccinated







Our students get vaccinated







## PSN College of Engineering and Technology(Autonomous)



## **National Service Scheme**

## Report of NSS Activity/Event Conducted

Event Organized by	NSS,YRC & RRC			
If Organized by the Department/Others, Name of the Department/Others	YRC,RRC & NSS Volunteers,PSNCET & PHC,Muneerpallam			
Title of the Event or Activity	COVID 19 Vaccination Camp			
Dates & Duration	08.07.2022 from 10:00AM to 2.30 P.M.			
Name of the Event Coordinator	Mr.C Indrakumar, NSS,YRC & RRC Programme Officer.			
No of Participants	50			

Report of the Event

The Programme was inaugurated by Dr.V.Manikandan, Principal at PSN College of Engineering and Technology and Dr.Sankaran & Dr.Dhanalakshmi, Chief Doctors from Primary Health Centre, Muneerpallam at 10:00 a.m. Totally 50 students, staff and workers from our college were vaccinated. The Programme ended at 2:30 pm with vote of thanks and felicitation by Mr.C.Indrakumar NSS Programme Officer.

## **Outcome & Beneficiaries of the Event**

- 1.To increase students awareness of symptoms and signs of disease.
- 2. To improve the knowledge and attitudes of patients about detection, treatment and control of disease.
- 3.To promote the family and community educational material essential for positive lifestyle habits. Totally 50 students, staff and workers were benefited.

Date: 10.07.2022.

NSS,YRC & RRC PO

Principal

N55

## // வருவாய் மற்றும் பேரிடர் மேலாண்மைத்துறை//

அனுப்புநர்

திரு.வே.விஷ்ணு, இ.ஆ.ப,

மாவட்ட ஆட்சித்தலைவர்,

திருநெல்வேலி.

பெறுநர்

1.ஆணையர்.

திருநெல்வேலி மாநகராட்சி.

2 திட்ட அலுவலர்,

ஊரக வளர்ச்சி முகமை,

திருநெல்வேலி.

3.சார் ஆட்சியர்,

சேரன்மகாதேவி.

4.கோட்டாட்சித்தலைவர்,

திருநெல்வேலி.

5. உதவி இயக்குநர்,

பேரூராட்சிகள்.

நக எண் உ5 / U-12 /99/ 2022

நாள் :

09.2022

அய்யா,

பொருள்

பேரிடர் மேலாண்மை- திருநெல்வேலி மாவட்டம்- உலக ஆறுகள் தினத்தை முன்னிட்டு – 24.09.2022 தாமிரபரணி மற்றும் நம்பியாற்று பகுதியில் தூய்மைப்பணி மேற்கொள்ளுதல்-தொடர்பாக.

பார்வை

சிறப்பு செயலர். சுற்றுச்சுழல், பருவநிலை மாற்றம் மற்றும் வனத்துறை (ECI) சென்னை அவர்களின் கடிதம் எண் 11926/ECI/2021-14, நாள்: 29.012022.

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திருநெல்வேலி மாவட்டம், 25.09.2022 தேதியன்று உலக ஆறுகள் தினத்தை முன்னிட்டு முன்னதாக 24.09.2022 தேதியன்று தாமிரபரணி மற்றும் நம்பியாற்று பகுதியில் கீழ்கண்ட இடங்களில் உள்ளாட்சி அமைப்புகள், கல்லூரி மாணவர்கள் மற்றும் தன்னார்வலர்கள் மூலம் தூய்மை பணிகள் / விழிப்புணர்வு நிகழ்ச்சிகள் நடைபெறவுள்ளன.

6.	ஆறு தூய்மைப்படுத்தும்	திருநெல்வேலி ஜங்சன் தைப்பூசம் மண்டபம் அருகில்	2திருகணபதி சுப்பிரமணியம், சங்கர் மேல்நிலைப்பள்ளி. 9443520030. திருராஜ்பால் (Rotary Club)
7.	பணி ஆறு தாய்மைப்படுத்தும் பணி	சிவந்திபுரம் (திருவள்ளுவர் கலைக்கல்லூரி மாணவர்கள் 50 நபர்கள் மற்றும் தன்னார்வலர்கள்)	வட்டார வளர்ச்சி அலுவலர். அம்பாசமுத்திரம். 7402608463. 7402608464.
8.	ஆறு தாய்மைப்படுத்தும் பணி	கல்லிடைக்குறிச்சி (அம்பாசமுத்திரம் கலைக்கல்லூரி மாணவர்கள் 50 நபர்கள் மற்றும் தன்னார்வலர்கள்)	செயல் அலுவலர். பேரூராட்சி. கல்லிடைக்குறிச்சி 8925809703
9.	ஆறு தாய்மைப்படுத்தும் பணி	முக்கூடல் ( மெரிட் கல்விமியல் கல்லூரி மாணவர்கள் 50 நபர்கள் மற்றும் தன்னார்வலர்கள்)	செயல் அலுவலர், பேரூராட்சி. முக்கூடல் 8925809707
10.	ஆறு துாய்மைப்படுத்தும் பணி	சேரன்மகாதேவி ( பாலாஜி கல்வியியல் கல்லூரி மாணவர்கள் 50 நபர்கள் மற்றும் தண்ணார்வரைகள்)	செயல் அலுவலர், பேரூராட்சி. சேரன்மகாதேவி 8925809700

மேற்கண்ட தூய்மைப்பணி நடைபெறும் இடங்களில் தூய்மைப்பணியினை கண்காணிக்குமாறும், மேலும் தூய்மைப்பணிகளில் ஈடுபடும் மாணவர்கள் மற்றும் தன்னார்வலர்களுக்கு தேவையான குடிநீர், சிற்றுண்டி, கையுறைகள் மற்றும் இதர உபகரணங்களை உள்ளாட்சி அமைப்புகள் மூலம் ஏற்படுத்தி தருமாறும் கேட்டுக்கொள்கிறேன்.

> ஒம்/- ம.கணேஷ்குமார் மாவட்ட ஆட்சித்தலைவருக்காக திருநெல்வேலி.

/உண்மை நகல் /

aniuni Alut

பேரிடர் மேலாண்மை

நகல்

1இணை இயக்குநர்.

கல்லூரி கல்வித்துறை.

2புல முதல்வர்.

அண்ணா பல்கலைக்கழகம்.

திருநெல்வேலி.

3. உதவி ஆணையர்,

தச்சநல்லூர் மண்டலம்.

4மாவட்ட முதன்மை கல்வி அலுவலர்,

திருநெல்வேலி.

5.சம்மந்தப்பட்ட கல்லூரி முதல்வர்கள்,

திருநெல்வேலி.

நகல்

வட்டாட்சியர்கள்,

அம்பாசமுத்திரம், சேரன்மகாதேவி / நாங்குநேரி / திருநெல்வேலி.

நகல்

வட்டார வளர்ச்சி அலுவலர்,

சேரன்மகாதேவி மற்றும் அம்பாசமுத்திரம்.

## <u> கூருவாய் மற்றும் பேரிடர் மேரைக்க மைக்கு சுரை</u>/

அனுப்புநர்

திருவேவிஷ்ணு, ஆஆப, மாவட்ட ஆட்சித்தலைவர், திருநெல்வேலி மாவட்டம், திருநெல்வேலி.

## பெறுநர்

- இணை இயக்குநர். கல்லூரி கல்வித்துறை, திருநெல்வேலி.
- 2/ முதல்வர், அண்ணா பல்கலைக்கழகம். திருநெல்வேலி.
- முதல்வர், ராணி அண்ணா கல்லூரி, அபிவேதகப்பட்டி.
- முதல்வர்,
   மதிதா இந்து கல்லூரி,
   பேட்டை,
- முதல்வர், திருவள்ளுவர் கல்லூரி, பாபநாசம்.
- முதல்வர்,
   அம்பாசமுத்திரம் கலைக்கல்லூரி.
- முதல்வர், பாலாஜி ஆசிரியர் பயிற்சி கல்லூரி, சேரண்மகாதேவி.
- முதல்வர்,
   ஸ்காட் பொறியியல் கல்லூரி,
   சேரன்மகாதேவி.
- முதல்வர்,
   PSN பொறியியல் கல்லூரி,
   மேலத்திடியூர்.
- முதல்வர்,
   சாரதா கல்லூரி,
   அரியகுளம்,
- முதல்வர்,
   மெரிட் ஆசிரியர் பயிற்சி கல்லூரி,
   இடைகால்.
- முதல்வர்,
   சாராள் தக்கர் கல்லூரி.
- அமிபன்னிருபிடி அம்யன் கல்லூரி.
   வள்ளியூர்.

அய்யா.

பொருள் பேரிடர் மேலாண்மை. திருநெல்வேலி மாவட்டம் – உலக ஆறுகள் தினம்

முன்னிட்டு – 24.09.2022 தாமிரபரணி மற்றும் நம்பியாற்று பகுதியில்

தூய்மைப்பணி மேற்கொள்ளுதல் - தொடர்பாக.

பார்வை சிறப்பு செயலர், சுற்றுக்குழல், பருவநிலை மாற்றம் மற்றும் வனத்துறை

(ECI) சென்னை அவர்களின் கடிதம் எண் 11926/ECI/2021-14, நாள்

29.012022

திருநெல்வேலி மாவட்டம், 25.09.2022 தேதியன்று உலக ஆறுகள் தினத்தை முன்னிட்டு முன்னதாக 24.09.2022 தேதியன்று தாமிரபரணி மற்றும் நம்பியாற்று பகுதியில் கீழ்க்கண்ட இடங்களில் உள்ளாட்சி அமைப்புகள் மூலம் தூய்மை பணிகள் நடைபெறவுள்ளன.

ഖ.ഒൽ.	டுடம்.	ஒருங்கிணைப்பு அலுவலர்	கல்லூரி பெயர்
1	சிவந்திபுரம்	வட்டார வளர்ச்சி அலுவலர். அம்பாசமுத்திரம்	திருவன்ளுவர் கல்லூரி, பாபநாசம்.
2	கல்லிடைக்குறிச்சி	பேரூராட்சி செயல் அலுவலர், கல்லிடைக்குறிச்சி.	அம்பாசமுத்திரம் கலை கல்லூரி.
3.	முக்டைல்	பேரூராட்சி செயல் அலுவலர், முக்கூடல்.	மெரிட் ஆசிரியர் பயிற்சி கல்லூரி.
4.	சேரண்மகாதேவி	பேரூராட்சி செயல் அலுவலர், சேரன்மகாதேவி.	பாலாஜி ஆசிரியர் பயிற்சி கல்லூரி.
5.	பத்தமடை	பேரூராட்சி செயல் அலுவலர், பத்தமடை.	ஸ்காட் பொறியியல் கல்லூரி.
6.	மேலச்செவல்	பேரூராட்சி செயல் அலுவலர், மேலச்செவல்	பி.எஸ்.எண். பொறியியல் கல்லூரி,
7,	கோபாலசமுத்திரம்	பேரூராட்சி செயல் அலுவலர், கோபாலசமுத்திரம்	ம.தி.தா.இந்து கல்லூரி.
8.	நாராணம்மாள்புரம்	பேரூராட்சி செயல் அலுவலர், நாராணம்மாள்புரம்.	STC கல்லூரி, பாளையங்கோட்டை.
9.	குறுக்குத்துறை	உதவி ஆணையர், தச்சநல்லூர்.	ராணி அண்ணா கல்லூரி.
10.	வர்வாடி	பேரூராட்சி செயல் அலுவலர், ஏர்வாடி	

மேற்கண்ட நீர்நிலைகள் தூய்மைப்படுத்தும் பணியில் தங்கள் கல்லூரியிலிருந்து NCC. NSS மற்றும் YRC அமைப்புகளை சேர்ந்த மொத்தம் 50 மாணவ மாணவியரை இப்பணியில் சேர்ந்து ஈடுபட அனுப்பி வைக்குமாறு கேட்டுக்கொள்கிறேன். இணை இயக்குநர், கல்லூரி கல்வித்துறை மற்றும் புலமுதல்வர், அண்ணா பல்கலைக்கழகம் ஆகியோர்கள் மேற்கண்ட கல்லூரி நிறுவனம் ஒருங்கிணைந்து இப்பயிற்சியினை செயல்படுத்த ஒருங்கிணைப்பாளர்களாக செயல்பட கேட்டுக்கொள்ளப்படுகிறது.

ஒம், மாகணேஷ்குமார், மாவட்ட ஆட்சித்தலைவருக்காக, திருநெல்வேலி.

### நகல்.

- ஆணையர், திருநெக்வேலி மாநகராட்சி.
- 2. சார் ஆட்சியர், சேரண்மகாதேவி.
- கோட்டாட்சித்தலைவர், திருநெல்வேலி.

### <u>15-6-60</u>

- திட்ட அலுவலர், ஊரக வளர்ச்சி முகமை, திருநெல்வேலி.
- உதவி இயக்குநர், பேரூராட்சிகள், திருநெல்வேலி.

## <u>15</u>4540

வட்டாட்சியர்கள், அம்பாசமுத்திரம்/சேரண்மகாதேவி/ திருநெல்வேலி.

## நகக்

வட்டார வளர்ச்சி அனுவலர், அம்பாசமுத்திரம்.

/உண்ணம் நகல்/

தனி வட்டாட்சியர் (பேரிடர் மேலாண்கைம்)



## PSN College of Engineering and Technology National service scheme



(UNIT No - 1376,2126)

nsspsncet@gmail.com

No: PSNCET / NSS /04/2023-24

Reg.

20th June,2023

## NOTE SUBMITTED FOR APPROVAL

Sub: Conducting "Free Medical camp" on 24.06.2023 (Saturday) -

It is submitted that we have planned to conduct "Free Medical Camp" on 24.06.2023 (Saturday) at our adopted village [Singikulam(New)].

The programme will be conducted by engaging "Vaigarai Homoeopathy Hospital & Research Center", Tharuvai, Tirunelveli.

NSS,YRC &RRC PO

**PRINCIPAL** 



## PSN College of Engineering and Technology National service scheme



(UNIT No - 1376,2126)

nsspsncet@gmail.com

PSNCET/NSS /05/2023-24

Date: 23.06.2023

## **CIRCULAR**

Sub: Conducting "Free Medical camp" on 24.06.2023 (Saturday) - Reg.

This is to inform that "Free Medical Camp" on 24.06.2023 (Saturday) at our adopted village [Singikulam(New)] by engaging "Vaigarai Homoeopathy Hospital & Research Center", Tharuvai, Tirunelveli.. All the NSS volunteers and faculty members are requested to participate and make use of it.

Mr.C.Indrakumar, NSS ,YRC & RRC Programme Officer is requested to make all arrangements.

PRINCIPAL

To

All students ( to be read in the class)
All HODs (Aero, Civil, CSE, EEE, ECE, EIE, Marine, Mech.,
Mech.&Auto, MBA) and Co-ordinator(SOBES).
IQAC
Dean
Mr. C.Indrakumar, AP(Marine) & NSS, YRC & RR Programme Officer

Cc: Chairman Vice Chairman

**Executive Director** 

## PSN COLLEGE OF ENGINEERING AND TECHNOLOGY DEPARTMENT OF MARINE ENGINEERING

## Free Medical Camp on 24.06.2023

## LIST OF PARTICIPANTS

Sl.No	Name of the Students	Year	Dept	Remarks
1	KARTHIHEYAN N	1	MECH	
2	EBINRAJ B	1	MECH	
3	RENISHKUMAR C	1	MECH	
4	SIVA M	1	MECH	
5	PETER P	1	MECH	
6	RAVIRAJAN R	1	MECH	
7	SUDHARSAN G	1	ECE	
8	VISHAL P	1	ECE	
9	SUDALAIMANI K	1	ECE	
10	SUBASH GOPI R	1	ECE	
11	MUTHUSELVAM R	1	ECE	
12	MUTHUKUMAR M	1	ECE	
13	AYYASAMY A	1	MAE	
14	RULDHIVAKAR A	1	MAE	
15	SANTHOSHKUMAR S	1	MAE	
16	KOIL RAJ M	1	MAE	
17	SUBASH T	1	CSE	
18	MOHAMEDJIYATH R	1	CSE	
19	VIKASH B	1	CSE	
20	LAKSHMINARAYANAN T	1	CSE	
21	ARIHARASUDHAN E	1	CSE	
22	SELVALAKSHMI A	2	ECE	
23	ESSAKI ALAGUVEL	2	ECE	
24	SUDHARSHAN P	2	ECE	
25	THANGAMUNEESWARI K	2	EEE	
26	PACKIARAJ MS	2	EEE	
27	MADHAVAN	2	EEE	



## Free Medical Camp @ Singikulam(New) by Vaigarai Homeopathy & Research Centre, Tirunelveli on 24.06.2023



Treatment by Dr.Mathan Kumar



Treatment by Dr.Shakila Madhavan





Treatment to Village people



Treatment to Village people





## PSN College of Engineering and Technology(Autonomous)



## **National Service Scheme**

## Report of NSS Activity

Event Organized by	NSS,YRC & RRC
If Organized by the Department/Others, Name of the Department/Others	YRC,RRC & NSS Volunteers,PSNCET &Vaigarai Homoeopathy Hospital & Research Center,Tharuvai,Tirunelveli.
Title of the Event or Activity	Free Medical Camp
Dates & Duration	24.06.2023 from 9.30AM to 12.30 P.M.
Name of the Event Coordinator	Mr.C Indrakumar, NSS,YRC & RRC Programme Officer
No of Participants	27 +77

The Programme was inaugurated by Dr.V.Manikandan, Principal, PSN College of Engineering and Technology and Dr.Gopinath & Staff Nurse from Vaigarai Homoeopathy Hospital & Research Center, Tharuvai, Tirunelveli at 9.30 a.m on 24.06.2023. Totally 27+77 students, staff & village people participated.The Programme ended at 12:30 p.m.The Free Medical Camp was conducted at Singikulam(New).

## Outcome & Beneficiaries of the Event

- Provide free and high-quality medical services for the poor population.
- Working as an emergency team in disasters.
- Raise health awareness among the community and teach them to deal with communicable and non-communicable
- 4. Register rare and severe cases and refer them to specialized centers.

Totally 77 village people get benefited.

Date: 26.06.2023.

NSS, YRC & RRC PO

Principal



## PSN College of Engineering and Technology National service scheme



nsspsncet@gmail.com

No: PSNCET / NSS / 20/2022-23

10<sup>th</sup> April, 2023

## NOTE SUBMITTED FOR APPROVAL

Sub: Conducting NSS Special Camp from 20.04.2023 to 26.04.2023 - Permission-Requested - Reg.

It is submitted that we have planned to conduct NSS Special Camp at Singikulam –New (adopted Village) for II year UG Students from 20.04.2023 to 26.04.2023.

Five Second Year students from each department [total 50 students] will attend the camp. We request that we may kindly be permitted to conduct the above camp.

For

NSS,YRC & RRC - Programme Officer

PRINCIPAL



## PSN College of Engineering and Technology National service scheme



nsspsncet(a gmail.com

No: PSNCET / NSS/ 21/2022-23

12<sup>th</sup> April, 2023

## **CIRCULAR**

## Sub: NSS Special Camp from 20.04.2023 to 26.04.2023 - Reg.

This is to inform that NSS Special Camp as approved by the Anna University. Chennai will be conducted at Singikulam –New (adopted Village) from 20.04.2023 to 26.04.2023.

Mr.C.Indrakumar,NSS,YRC & RRC PO has selected 50 NSS Volunteers(eligible) from II year UG students (list enclosed ) for the Camp. HODs are requested to send the candidates from their department to attend the Camp for above period.

The students who attend the NSS Camp will be considered for award of two extra credit point and NSS Special Camp Certificate.

PRINCIPAL

To

- 1) All HODs (Aero, Civil, CSE, EEE, ECE, EIE, Marine, Mech, Mech. & Auto,)
- Dean
- 3) Controller of Examinations
- 4) Co-ordinator IQAC
- 5) Administrative Officer
- 6) Mr.C.Indrakumar, AP (Marine) & NSS, YRC & RRC Programme Officer
- 7) Office.
- 8) Transport In-Charge.
- 9) All Wardens (Bharathi, Anchor, Ganga and Narmatha)

CC: Chairman

Vice - Chairman Executive Director



**National Service Scheme** 



## LIST OF NSS VOLUNTEERS – NSS SPECIAL CAMP-2023 LIST OF PARTCIPANTS

S.NO	NAME	YEAR	BRANCH	REMARKS
1.	C.RAVIKUMAR	II	CSE	
2.	P.PRABHU	11	CSE	
3.	S.SIVAKUMAR	П	CSE	
4.	G.VIGNESH	11	CSE	
5.	M.NAVEEN KUMAR	П	CSE	
6.	K.PRAKASH RAJAN	II	CSE	
7.	M.ARUN	II	EEE	
8.	P.KARAN	П	EEE	
9.	A.SATHYA SIVAN	II	EEE	
10.	SARAN MURUGAN	II	EEE	
11.	M.S.PACKIYARAJ	11	EEE	
12.	A.RAGHUL	ll ll	EEE	
13.	M.GOKUL	II	ECE	
14.	N.AKILESWARAN	II	ECE	
15.	P.SUDHARSAN	II	ECE	
16.	S.SANJAY .	II	ECE	
17.	E.STEPHENRAJ	П	ECE	
18.	A.MURUGAN	II II	ECE	
19.	M.BALA PRAKASH	II -	AERO	
20.	ARUL KANI PANDIYAN	II	AERO	
21.	N.SUDHAKAR	П	AERO	
22.	V.SATTANATHAN	П	AERO	



**National Service Scheme** 



## LIST OF NSS VOLUNTEERS - NSS SPECIAL CAMP-2023

## **LIST OF PARTCIPANTS**

23.	S.NITHISKUMAR	II	AERO
24.	M.ANTONY PRAKASH	II	AERO
25.	ESAKKIRAJA E	II	MECH
26.	ASHOK A	II	MECH
27.	PANDISELVAM M	Ш	MECH
28.	SIVAN P	П	MECH
29.	JESHWIN J	11	MECH
30.	MUHESH S	II	MECH
31.	RAMESH S	II	МЕСН
32.	PRABU L	II	МЕСН
33.	KABILAN J	П	MECH
34.	KANNAN R	П	МЕСН
35.	KABILAN J	П	MARINE
36.	KANNAN R	П	MARINE
37.	MARIKANNAN P	П	MARINE
38.	MUGESH P	11	MARINE
39.	MUTHUKUMAR A	II	MARINE
40.	NAVEEN R	П	MARINE
41.	PAZHANI BHARATHI K	- 11	MARINE
42.	PRAKASH M	II	MARINE
43.	VIMAL S	II	MARINE
44.	THIRUNAVUKARASU A	- 11	MARINE
45.	VAIRAVADEVA.P	II	MAE
46.	HARIHARAN M	11	MAE
47.	BALAMURUGAN S	Í	MAE



**National Service Scheme** 



## LIST OF NSS VOLUNTEERS - NSS SPECIAL CAMP-2023

## **LIST OF PARTCIPANTS**

48.	VISAN K	П	MAE
49.	MANOJ KUMAR R	11	MAE
50.	ELIZA M	II	MAE

SS PO



## PSN COLLEGE OF ENGINEERING AND TECHNOLOGY(AUTONOMOUS)



## Melathediyoor, Tirunelveli District

## NSS SPECIAL CAMP REPORT - 2023

20.04.2023(Thursday) to 26.04.2023 (Wednesday)

NSS Special Camp was conducted at Singikulam (New) for seven days from 20.04.2023(Thursday) to 26.04.2023 (Wednesday).

various activities carried out are briefly reported as below.

20.04.2023 (Thursday) at 10.00 a.m.: Mr.M.S.Muthiah Suresh, Panchayat President, Singikulam New, Tirunelveli District, along with Mrs.N.Ramalakshmi, Vice President and Mr.I.Jeyakumar, Panchayat Secretary inaugurated the Camp in the presence of Dr.P.Sevakumar, Executive Director, Dr.V.Manikandan, Principal, Dr.S.P.Umayal, Dean (Academic), All HoD's, Faculty members, Mr.C.Indrakumar, NSS (Programme Officer-FS) and Mr.K.Jebastin. NSS Programme Officer-SFS), Mr. M.Senthi Vel (Parade Master, Marine), NSS volunteers. The NSS Programme Officer read the NSS Special Camp activities.

After Inauguration, Campus around the Community Centre was cleaned by the Volunteers in the presence of Mr.C.Indrakumar, NSS (Programme Officer)

In the afternoon, Dr B.Jeyanthi NSS Regional Co-ordinator explained the role of "NSS Volunteers in Nation Building". All the NSS volunteers actively participated in the discussion. It was very useful the NSS volunteers.

Cultural activities were conducted in the evening.

21.04.2023 (Friday): In the forenoon, Temple area was cleaned. Mr M.Kanagaraj, Assistant Mechanical Department Supervised the volunteers in the presence of Mr.C.Indrakumar, NSS (Programme Officer)

In the afternoon, Dr.R.Vellaiammal, MBBS, conducted health awareness programme and explained various good foods and various bad foods. Also explained various minerals and vitamins required to maintain good health.

Sports activities were conducted in the evening.

22.04.2023(Saturday): In the forenoon, Church, Mosque ,School campus and Village were cleaned . Mr.C.Indrakumar, NSS (Programme Officer) and Mr M.Kanagaraj, Assistant Mechanical Department supervised the volunteers. Group discussions were conducted in the evening .

23.04.2023 (Sunday): In the forenoon Village was cleaned. Group discussion on "Healthy Youth for Healthy India" was conducted in the presence of Mr.C.Indrakumar, NSS (Programme Officer) & Mr. M.Senthi Vel (Parade Master, Marine).

In the afternoon trees were planted along the bank of the pond.

Stage play was conducted in the evening.

24.04.2023 (Monday). In the forenoon, Anti Tobacco & Anti Drugs rally was conducted. Rally was started with Singikulam New Panchayat office. NSS Volunteers went round the village shouting "Anti Drugs and Anti-Tobacco" and created an awareness about the evil effects of "drugs & tobacco".

In the afternoon Mr.C.Indrakumar, NSS PO explained the objectives, motto and symbol of NSS. Also motivated the students to maintain good sanitation and keep the area very clean. Also explained "Personality Development through Community Service".

Cultural activities were conducted in the evening.

25.04.2023 (Tuesday): Treatment to animals by Doctor, Govt. Veterinary, Hospital, Singikulam. Area around the temple was cleans.tree/sappling were in the primary school, Singikulam.Area around school was cleaned. In the afternoon, details (survey about village) was collected by NSS Volunteers.

Drama was conducted in the evening.

<u>26.04.2023</u> (Wednesday): In the forenoon, banks of pond was cleaned. Prof.C.Indrakumar, NSS (Programme Officer) supervised the cleaning works.

In the afternoon, valedictory function was conducted. Mr.M.S.Muthiah Suresh, Panchayat President, Dr.P.Sevakumar, Executive Director, Principal, Dr.V.Manikandan issued certificates to the NSS volunteers in the presence of Mr. C. Indrakumar, NSS Programme Officer were also present.

Prof. C. Indrakumar, NSS Programme Officer proposed vote of thanks. The camp came to an end with the satisfaction of fulfilling the objectives of conducting Special Camp.

NSS Programme Officer

## NSS SPECIAL CAMP - 2023 @ Singikulam(New) from 20.04.2023 to 26.04.2023



## **Camp Inauguration**



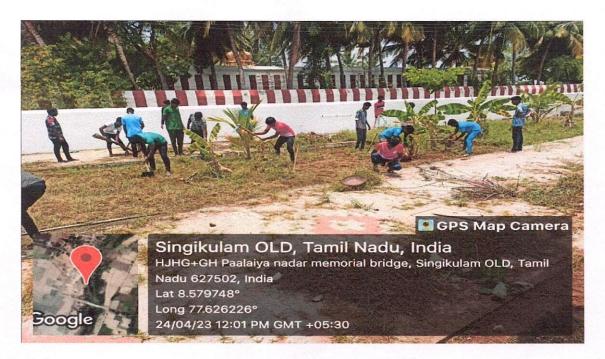
**Cleaning nearby School Campus** 



## Free medical Checkup by PHC, Singikulam



Cleaning in and around PHC



**Tree Plantation in School Campus** 



**School Campus Cleaning** 







## भारत सरकार

Ministry of Youth Affairs & Sports युवा कार्यक्रम एवं खेल मंत्रालय This is to certify that National Service Scheme Government of India राषट्रीय सेवा योजना

.....callege DE ENGINEERING AND TECHNOLOGYhas rendered social service SATHYA SIVAN A student of class nom. 01:10:2021 to 31:05:2023 as NSS volunteer and attended VSS special camp from 20.04.2023.ta. 26:04.2023. IJ-YEAR-EEE of Wel Ats. ....

nd of Institution

Programme Officer NSS

B. Jeyanth

Regional Director NSS







## भारत सरकार

Government of India युवा कार्यक्रम एवं खेल मंत्रालय Ministry of Youth Affairs & Sports राष्ट्रीय सेवा योजना National Service Scheme

PACKIYARAJ. M.S.

.....student of class

This is to certify that

Wil Als.

OF ENGINEERING AND TECHNOLOGY has rendered social service U-YEAR. EEE of PSN callege

rom. Ol. 10. 2021 to 31.05.2023 as NSS volunteer and attended NSS special camp from 20.04.2023 to 25.04:2023.



ad of Institution

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Programme Officer NSS

B. Tryanthi Regional Director NSS



## **PSN College of Engineering and Technology** National service scheme



(UNIT No - 1376,2126)

nsspsncet@gmail.com

No: PSNCET / NSS /05/2023-24

20th July,2023

## NOTE SUBMITTED FOR APPROVAL

Sub: Approval seeking for conducting "Eye Camp" at Idayankulam(Adopted Village) on 25.07.2023 (Tuesday) - Reg.

This note has been submitted to the principal for seeking approval that, we have planned to conduct "Eye Camp" at Idayankulam(Adopted Village) on 25.07.2023 (Tuesday)

This programme has been engaged by Dr Agarwall Eye Hospital, Tirunelveli.

NSS,YRC &RRC PO

PRINCIPAL



## PSN College of Engineering and Technology National service scheme



(UNIT NO - 1376,2126)

nsspsncet@gmail.com

PSNCET/NSS /07/2023-24

Date: 24.07.2023

## **CIRCULAR**

Sub: Conducting Eye Camp" at Idayankulam(Adopted Village) on 25.07.2023 (Tuesday) - Reg.

This is to inform that "Eye Camp" at Idayankulam(Adopted Village) on 25.07.2023 (Tuesday) by engaging Dr Agarwall Eye Hospital, Tirunelveli. All the NSS volunteers and faculty members are requested to participate and make use of it.

Mr.C.Indrakumar, NSS ,YRC & RRC Programme Officer is requested to make all arrangements.

PRINCIPAL

To

All students ( to be read in the class)
All HODs (Aero, Civil, CSE, EEE, ECE, EIE, Marine, Mech.,
Mech.&Auto, MBA ) and Co-ordinator(SOBES).
IQAC
Dean
Mr. C.Indrakumar, AP(Marine) & NSS, YRC & RR Programme Officer

Cc: Chairman Vice Chairman

**Executive Director** 

## PSN COLLEGE OF ENGINEERING AND TECHNOLOGY DEPARTMENT OF MARINE ENGINEERING

## EYE Camp on 25.07.2023 @ IDAYANKULAM

## LIST OF PARTICIPANTS

Sl.No	Name of the Students	Year	Dept	Remarks
1	SAMPATHKUMAR N	2	Marine	
2	ASHOKDHARMA D	2	Marine	
3	A MOHAMMED ABDULLA	2	CSE	
4	M DEEPAK PIOUS	2	CSE	
5	S. ANANDHAPRAKASH	2	CIVIL	
6	NAREN KUMARAN .A	2	CIVIL	
7	BALA PRAKASH M	2	AERO	
8	ARUL KANI PANDIYAN R	2	AERO	
9	ESAKKIRAJA E	2	MECH	
10	ASKOH A	2	MECH	
11	KALIRAJ KISHORE K	2	MECH	
12	PANDISELVAM M	2	MECH	
13	SIVAN P	2	MECH	
14	JESHWIN J	2	MECH	
15	ESSAKI ALAGUVEL	2	ECE	
16	SUDHARSHAN P	2	ECE	
17	PACKIARAJ MS	2	EEE	
18	MADHAVAN	2	EEE	
19	RAHUL	2	EEE	
20	AKILAN S	2	Marine	
21	ANANDARAJ S	2	Marine	
22	ANTHONY JAPASTIN SARATHI A	2	Marine	

obolage par.
NSS PO

மேல திடியூர் , திருநெல்வேலி

மற்றும்

## டாக்டர் அகர்வால்ஸ்

இணைந்து நடத்தும்

## இலவச கண் பரிசோதனை முகாம்

நாள் : **25.07.2023, செவ்வாய் கிழமை** நேரம் : காலை**10.00**மணி முதல் மதியம் **1.00** மணி வரை இடம் : இ - சேவை மையம், இடையன் குளம்

- 💠 முகாமில் அனைவருக்கும் இலவசமாக கண் பரிசோதனை செய்யப்படும்
- கண்புரை நோய் உள்ளவர்கள் இந்த முகாமில் கலந்துகொண்டு கண் பரிசோதனை செய்துகொள்ளலாம். கண்புரை (Cataract) அறுவை சிகிச்சை நவீன முறையில் எங்களது மருத்துவமனையில் செய்யப்படுகிறது.
- கிட்டப்பார்வை, தூரப்பார்வை, வெள்ளெழுத்து பிரச்சனை உள்ளவர்கள் இந்த முகாமில் கலந்துகொண்டு கண் பரிசோதனை செய்து கொள்ளலாம்.
- சர்க்கரை நோய் உள்ளவர்கள், அடிக்கடி தலைவலியால் அவதிப்படுபவர்கள், ஏற்கனவே கண்ணாடி அணிந்தவர்கள் இந்த முகாமில் கலந்துகொண்டு கண் பரிசோதனை செய்து கொள்ளலாம்.
- மாறுகண் அதிர்ஷ்டமல்ல, மாறுகண் உள்ள குழந்தைகளை முகாமிற்கு அழைத்து வந்து, மாறு கண்ணை ஆரம்பத்திலே சரி செய்து கொள்ள வேண்டும்.
- 40 வயதிற்கு மேற்பட்டோர் தவறாமல் இந்த முகாமில் கலந்துகொண்டு பயனடையுமாறு கேட்டுக்கொள்கீறோம்.

தொடர்புக்கு : 63791 97428

## NATIONAL SERVICE SCHEME

Eye Camp @ Idayankulam by Dr.Agarwall's Eye Hospital, Tirunelveli on 25.07.2023



Vision checkup for village people



Vision checkup for NSS volunteers





Vision checkup for village people



Vision checkup for village people





## PSN College of Engineering and Technology(Autonomous)



## **National Service Scheme**

## Report of NSS Activity

Event Organized by	NSS,YRC & RRC
If Organized by the Department/Others, Name of the Department/Others	YRC,RRC & NSS Volunteers,PSNCET &Dr.Agarwall's Eye Hospital,Tirunelveli.
Title of the Event or Activity	Eye Camp
Dates & Duration	25.07.2023 from 9.30AM to 2.30 P.M.
Name of the Event Coordinator	Mr.C Indrakumar, NSS,YRC & RRC Programme Officer.
No of Participants	22 +107

## Report of the Event

The Programme was inaugurated by Dr.V.Manikandan, Principal, PSN College of Engineering and Technology and Dr.Mugesh & Staff Nurse from Dr.Agarwall'S Eye Hospital, Tirunelveli at 9.30 a.m on 25.07.2023. Totally 22+107 students, staff & village people participated. The Programme ended at 2:30 p.m. The Eye Camp was conducted at idayankulam.

## Outcome & Beneficiaries of the Event

- 1. To identify people with cataract and make available for surgical treatment for sight restoration
- 2. To screen people for refractive error problems
- 3. To screen for other major causes of vision impairment and to provide treatment for minor ailments or to refer base hospital for further management
- 4. To market the services of the Base Hospital
- 5. To make Eye care community oriented

Totally107 village people get benefited.

Date: 26.07.2023.

PO'S	1	2	3	4	5	6	7	8	9	10	11	12
												~

for

NSS,YRC & RRC PO













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Melathediyoor, Tirunelveli - 627152.

## **PSNCET Business Incubator**

21.05.2023

## Sub: Submitted to the principal for the approval.

I am would like to bring to your kind notice, PSNCET Business Innovation and Incubation Centre (PSNCETBIIC)/ Creativity and Innovation club has planned to organize a "One day Motivational Program on Gut and Psychology for Entrepreneurship" on 22.05.2023. In this regard, kindly give permission to conduct this event by providing useful amenities.

Thanking you

Yours faithfully













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Melathediyoor, Tirunelveli - 627152.



## **PSNCET** Business Incubator

## Circular

## Ref-PSNCETBIIC/EDP/22-23/17

21.05.2023

The PSNCET Business Innovation and Incubation Centre (PSNCETBIIC)/ Creativity and Innovation club has planned to organize a "One day Motivational Program on Gut and Psychology for Entrepreneurship" on 22.05.2023 and the chief guest is Mrs.Krithika Tharan, Nutritional Psychologist, Founder Hepta Senz, Bengaluru. Interested students are requested to attend this program.

Venue- MBA Seminar Hall

Date/Time- 22.05.2023/ 2.00pm

e. Copy to All HODs (to be displayed in department and hostel notice board) (Aero, Civil, CSE& IT, EEE, ECE, EIE, Marine, Mech, SOBES. Mech. & Auto, MBA,) and Dean (EEE)), Director(Academics & Research), ERP, COE, IQAC, PRO, GA – 001

Cc: Chairman Vice Chairman Executive Director

Principal





MoE's









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**PSNCETBIIC** 

## PSN BUSINESS INNOVATION AND INCUBATION CENTRE

Creativity and Innovation Club & Sir.C.V.Raman Centre for Creativity and Innovation

# ONE DAY MOTIVATIONAL PROGRAM ON GUT AND PSYCHOLOGY



MAY 2023

MBA Seminar Hall



## Krithika Tharan

Nutritional Psychologist Founder Hepta Senz Bengaluru









## PSN College of Engineering and Technology (Autonomous)



Melathediyoor, Tirunelveli - 627 152, Tamilnadu
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## **Photos Of The Event**

<u>23.05.2023</u>



Our Chief guest Mrs. Krithika Tharan, Nutritional psychologist, Founder Hepta Senz,
Bengaluru, deliver the One day Motivational Program on Gut and Psychology on
Entrepreneurship



Speech about Intellectual Property Rights by Dr. Amirdha Sher Gill, IQAC coordinator. PSN







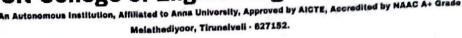








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## One Day Motivational Program on Gut and **Psychology**

22.05.2023

## Attendance Sheet

S. No	Name of the student	Year/Department	Signature
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1.	S. Devatharshini	Ist - Aero	S. Devant.
2.	P. Jeyam KoKila	I'st - Aero	P. Jakle ?
3.	P. Akalya	Ist - Lero	P. Akalya
4.	M. ANANDHA NARAYANAN	IS+ MARINE	M.R. Ame
5.	T. ESWAPAN	1et_ MARINE	T. Eswaran.
6.	A. BASKAR	IST MARINE	A. Baskar.
7.	Thranghwaran . A	IST MARINE	An Investing
8.	VISHWANATH. N	IS MARINE	N.Vishusanatt
9.	K. VAITHEESWARAN	I" - MARINE	Kato
10.	S. SUNDARA PAND	IN-MARINE	8. Sundara
11.	M. Dinesh Kumar	Ist civil	ALL STATES
12.	or: Hari Krishnan	Istaivil	H
13.	A. Mukesh	Ist Civil	huis
14.	A. Saywery Runal	Ist civil	AOS
15.	C. S. atheesh Sumar	I st Marine	C. Sochankum
16.	SOND SUNDARAM P	TST HAKING	P. Somu

S. No	Name of the student	Year/Department	Signature		
17.	M. ASHOKKUMAR.	Ist marine	M. Aweff:		
18.	S. Sivaneshwaran	IST (SE	S. Sivewell		
19.	B. cross Deva Nishanth	Ist Hero	B. Calse.		
20.	SREERAG. G.S	2st Acro	- 11		
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25.	E. ARihara Sulhan	Ist CSE	E. PRikala		
26. 27.	1. Gopinatu	Tet EER	-you		
28.	M. ralanivel	IST EEE	Colonel		
29.	M. Chinnamani	ISt EEE	M.Chin		
30.	5-Parthiban	1st CSE	S. Resthiben		
31.	P. Ramesh	LAL GANEAS	P. Round		
32.	C. Vasanthakumar T. Rakul	1st EEE	TOK		
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34.	M. Vengateshwayan	Tal Con	nauda A		
35.	Y. Murugan	TST EFE	Violent		
36.	k. Nathan	29t EEE	Die.		
37.	T. Phajish	IST FEE	Tooks.		
38.	B. Gowtham	T24 FFF	Pa.		
39.	R. ABINESH Jun	IST EEE	R. Abinesh		
40.	To Subash	Est COE	10		

S. No	Name of the student	Vaar/Danautusant	Ciamata		
3. 140	Name of the student	Year/Department	Signature		
41.	M. Sureshizumav	Ist leav cre't	mass		
42.	T. Elangovan	Ist year EEE 6	1 1		
43.	V. Grogula Frankhan	Istypan Coud "A"	1 1		
44.	3. Panneonselvam	7 St year civil "A"			
45.	G. SAKTHI VEL	7 st year Aero A	V		
46.	R. Sivakumair.	Ist year - EEE	R. Sivedenna		
47.	Bugashini. os	I-CSE	Q-4		
48.	M. Ramya	I - CSE	M. Rong		
49.	K. Niganthan	1-884	r. wg		
50.	S. Tamil Selvan	I - Aero	S:Tamil Selvan		
51.	Givignesh.	2-civi)	G.9		
52	. S.Ramesh	I - Aero A	SiRamosi		
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58	11: -	J-Vero	P. Erakki'raja		
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## PSN College of Engineering and Technology (Autonomous)



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## Report of the Event

23.05.2023

"One day Motivational Program on Gut and Psychology for Entrepreneurship" was organized for students at PSN College of Engineering and Technology along with PSNCET BIIC/ creativity and innovation club on 22-05- 2023 at our campus. The program was started with Tamil Thai Valthu, followed by welcome speech by Mrs. S. Indhumathi, Event Manager, PSN Business Incubator. Our Principal Dr. V. Manikandan gave the Motivational Speech on students participation on Innovation in Entrepreneurship. Our chief guest Mrs.Krithika Tharan, Nutritional Psychologist, Founder Hepta Senz, Bengaluru.gave speech about Entrepreneurship. She introduced the relationship in gut with psychology which leads the mindset to entrepreneurship. She also discussed with students and cleared their doubts relating to her talk. Dr. K. Arun Prasad, Incubator Manager, PSN College of Engineering and Technology, IIC delivered the vote of thanks. In this session about 55 students participated and got benefitted which may lead their desire strong for Entrepreneurship.

PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2
3	-	2	2	2	2	2	3	2	2	-	2	-	2

**Event Coordinator** 

Principal

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## PSN College of Engineering and Technology (Autonomous)



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## RESOURCE PERSON

KRITHIKA THARAN, the founder of Hepta Senz, a visionary Nutritional Psychologist who is determined to elevate people Physical & Mental Health with extensive experience in managing clients with autoimmune difficulties, diabetes, and various lifestyle ailments, including psychological concerns. She has a deep understanding of the complexities of these conditions and has developed innovative approaches to help her clients achieve optimal health and wellness. Krithika's expertise in aging reversal is particularly noteworthy. In addition to her extensive experience as a health and wellness expert, Krithika is also a respected research scholar. She has published a study on gut flora enhancement for lifestyle difficulties, which has received widespread recognition in the scientific community. Krithika Tharan is the author of books like "Super diets". "nonisaiva diet, and "paati kathaigal She has also written over 150 articles on various nutrition-related topics in Tamil magazines.